

We're doubling down on your mental health.

St. Luke's Health Plan is proud to offer \$0* mental health office visits, because your mental well-being is as important as your physical health. We know that seeking help for mental health concerns can be daunting, which is why we're committed to providing accessible and affordable care to all our members.

Really, \$0 benefits? Really.

We've made it easy to access mental health services for no additional cost. Our \$0* mental health benefits cover a wide range of services, including:

- Psychiatric consultations
- Mental health assessments
- Counseling and therapy sessions
- St. Luke's On-Demand Virtual Care behavioral health visits

Great care, less stress.

Everyone deserves access to quality mental health care without financial barriers. That's why we've eliminated copays and deductibles for a variety of mental health services. With St. Luke's Health Plan, you can prioritize your mental well-being without worrying about the cost.

Compassionate care, right at your fingertips.

Our network of compassionate professionals is here to support you on your mental health journey. Whether you're dealing with stress, anxiety, depression or other mental health challenges, our team is dedicated to helping you live your best life.

For more information, visit stlukeshealthplan.org.

Please call customer service at **833-840-3600** Monday-Friday, 8 a.m.-5 p.m. (MT), to verify benefits and coverage before proceeding with services.

**After the deductible for high-deductible health plans.*

